

(COVID) Community Champions

Briefing

w/c 12 December 2022



COVID-19 Data – National & Local

- Surrey's [COVID-19 Intelligence Summary Report](#) is now being published in the first week of the month. Next report is due on the 3th of January 2023
- [National data](#) on cases, vaccine, deaths is updated weekly, also available in easy-read version.
- [Public Health England Campaign Resource Centre](#)
- **COVID-19 Cases & Deaths**
 - The ONS estimates that the percentage of people testing positive for COVID-19 increased in England in the week ending 21st November 2022. It is estimated that **1.6%** of the population in England and **1.7%** in the South-East had COVID-19
 - The estimated **R number** for the South-East is **0.7 to 0.9**. There is a high degree of uncertainty around this estimate due to highly variable transmission across the region.
- **COVID-19 Vaccinations**
 - Up to 29th November, **964,828 (84%)** people aged 12+ in Surrey have received the 1st dose of a vaccination for COVID-19, and **932,037 (81%)** people in Surrey have received the 2nd dose. **776,999 (68%)** people aged 12+ in Surrey have received a booster or 3rd dose of a vaccination. **335,638 (66%)** people aged 50+ in Surrey have received autumn booster vaccination
- **COVID-19 Hospitalisation**
 - COVID-19 hospital admissions have increased in Surrey and in England, with 137 in Surrey hospitals this week (22nd November to 28th November 2022).

Key Message: Spread the love this Christmas...not COVID-19

COVID-19 winter booster and Flu vaccine

COVID-19 and flu spread more quickly in winter and can cause serious illness.

If you're over 50 or in an at-risk group, you're eligible for a free flu vaccine and a COVID-19 booster.

To prevent spreading the infection, it's important to:

- ✓ wash your hands thoroughly
- ✓ cover your mouth and nose when you sneeze or cough
- ✓ Stay at home and avoid close contact with others if feeling unwell

For COVID-19 book [online](#) or find the nearest [walk-in](#) vaccination clinic and cross it off your 'to do list' in preparation for Christmas. For flu vaccine find your nearest pharmacy [here](#).



Share: If you have symptoms of flu or COVID-19, try to stay at home and avoid close contact with others to protect friends and loved ones during the holiday season. Visit [NHS.UK](#)

COVID-19 Vaccination

Local Vaccine Information

NHS Surrey Heartlands	Frimley Health & Care
• Frequently Asked Questions • Vaccination Programme Updates • Vaccination Sites • Twitter: @SurreyHeartland • Facebook @SurreyHeartlandsHCP	• Frequently Asked Questions • Vaccination Programme Updates • Vaccination Sites • Twitter: @FrimleyHC • Facebook: @FrimleyHealthandCare



Remember: Over time, protection from the COVID-19 vaccination reduces and the viruses that cause flu change, which is why many people are being offered another dose.

Find out if you're eligible and boost your immunity ahead of Christmas now. More info, visit [NHS.UK](https://www.nhs.uk)

Surrey - COVID Booster vaccination pop-up clinics during December



Covid-19 Autumn Booster Walk-In Clinic



 Jacobs Well Village Hall, GU4 7PD
Friday 16th December
10am - 2pm



If you are eligible for your Covid-19 Autumn Booster come along for a walk-in appointment.



Covid-19 Autumn Booster Walk-In Clinic



 St Clare's Church, Park Barn, GU2 8JW
Saturday 17th December
10am - 2pm



If you are eligible for your Covid-19 Autumn Booster come along for a walk-in appointment.



Covid-19 Autumn Booster Walk-In Clinic



 Jarvis Centre, Children's Hub, Guildford, GU1 1LJ
Sunday 18th December
10am - 2pm



If you are eligible for your Covid-19 Autumn Booster come along for a walk-in appointment.



Share: The effects of flu and COVID-19 can be more serious if you are over 50 or have an existing health condition. Vaccines are the best protection this winter. If you are eligible, boost your immunity ahead of Christmas [NHS.UK](https://www.nhs.uk)

COVID-19 Testing

Order a [free NHS COVID-19](#) test or call 119 if you're [eligible](#).

[SignVideo](#) is a free online British Sign Language interpreter service for 119.

[Finding and Choosing a COVID-19 Test Provider – Guidance](#)

'THANK YOU' Community Champions Event



On 9 December, Surrey County Council Public Health Community Champions Programme held the first hybrid meeting, giving those involved in the programme the opportunity to meet in person, and celebrate the work, commitment and achievements over the last 24 months. Over 30 Community Champions across Surrey took part and received a certificate of recognition for their fantastic work, keeping their communities safe and informed with COVID-19 key messages, as well as sharing wider health and wellbeing information across Surrey.

Champions from Surrey Coalition of Disabled People promoted [wheelmap.org](#), an online map where you can look for, find and mark wheelchair accessible places. Surrey Community Action shared experiences working in community hubs, food bank, community fridges, warm hubs in Surrey, disseminating COVID-19 and health & wellbeing key messages.

How to Stay Well in Winter

Cold weather can make some health problems worse and even lead to serious complications, especially if you're 65 or older, or if you have a long-term health condition.

In the [NHS website](#) you will find helpful advice about staying well this winter and suggestions how to help others.

If you need help over the holiday period when the GP practice or pharmacy is closed or if you're not sure what to do, NHS 111 can help. The service is also available online at [111.nhs.uk](#). You'll get directed to the best place to get help.



Share: Cold weather can have serious consequences for health, and older people and those with heart or lung conditions can be particularly at risk. Remember that other people, such as older neighbours, friends, and family members, may need a bit of extra help this winter. Visit [GOV.UK](#)